

Where you recognize all the ingredients!®

Dr. Praeger's  
PURELY SENSIBLE FOODS

Southern Kitchen Veggie Burger



## Veggie Burgers / Sliders / Veggie Balls

### NEW! Cauliflower Veggie Burger - Gluten Free, Vegan (4 oz)



**INGREDIENTS:** CAULIFLOWER, COOKED BROWN RICE (BROWN RICE, WATER), EXPELLER PRESSED CANOLA OIL, KALE, PEA PROTEIN, ZUCCHINI, COOKED QUINOA (QUINOA, WATER), ONIONS, FAVA BEANS, OAT BRAN, WATER, PEAS, OAT FIBER, ARROWROOT POWDER, FLAXSEED MEAL, ROASTED GARLIC, LEMON JUICE, SPICES, SEA SALT, SCALLIONS, ONION POWDER, CHILI POWDER (CHILI PEPPER, SALT, GARLIC, CUMIN, SPICES)

UPC CODE: 080868010793



ORDERING CODE:

VBCFIN4

#### Nutrition Facts

About 40 servings per container  
Serving Size 1 Burger (113g)

Amount per serving  
**Calories 210**

	% Daily Value*
<b>Total Fat</b> 10g	<b>13%</b>
Saturated Fat 1g	6%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 500mg	<b>22%</b>
<b>Total Carbohydrate</b> 21g	<b>8%</b>
Dietary Fiber 9g	32%
Total Sugars 2g	
Includes 0g Added Sugars	0%
<b>Protein</b> 9g	
Vitamin D 0mcg	0%
Calcium 50mg	4%
Iron 3.1mg	15%
Potassium 250mg	6%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### California Veggie Burger - Vegan (4 oz)



**INGREDIENTS:** CARROTS, ONIONS, STRING BEANS, OAT BRAN, SOYBEANS, ZUCCHINI, PEAS, BROCCOLI, CORN, SOY FLOUR, SPINACH, EXPELLER PRESSED CANOLA OIL, RED PEPPERS, ARROWROOT, CORN STARCH, GARLIC, CORN MEAL, SALT, PARSLEY, BLACK PEPPER

**CONTAINS:** SOY

UPC CODE: 080868810101



ORDERING CODE:

VBIN4

#### Nutrition Facts

Serving Size 1 Burger (113g)  
Servings Per Container 40

Amount Per Serving  
**Calories 170** Calories from Fat 50

	% Daily Value*
<b>Total Fat</b> 6g	<b>9%</b>
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 310mg	<b>13%</b>
<b>Total Carbohydrate</b> 21g	<b>7%</b>
Dietary Fiber 5g	21%
Sugars 2g	
<b>Protein</b> 7g	
Vitamin A 70%	Vitamin C 0%
Calcium 6%	Iron 15%

### Black Bean Quinoa Burger (Gluten Free/Vegan) 4oz



**INGREDIENTS:** COOKED BLACK BEANS (BLACK BEANS, WATER), COOKED TRI-COLOR QUINOA (QUINOA, WATER), WATER, RED PEPPERS, ROASTED CORN, EXPELLER PRESSED CANOLA OIL, POTATO FLAKES, SOY FLOUR, ONIONS, ARROWROOT POWDER, MASA FLOUR (CORN FLOUR, LIME), SEA SALT, JALAPEÑO PEPPERS, CILANTRO, ROASTED GARLIC, CHILI POWDER (CHILI PEPPER, SALT, GARLIC, CUMIN, SPICES), LIME POWDER, TOMATO PASTE, CHIPOTLE CHILE PEPPER POWDER

**CONTAINS:** SOY

UPC CODE: 080868010366



ORDERING CODE:

VBINBB-4

#### Nutrition Facts

About 40 servings per container  
Serving Size 1 Burger (113g)

Amount per serving  
**Calories 210**

	% Daily Value*
<b>Total Fat</b> 9g	<b>11%</b>
Saturated Fat 1g	4%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 500mg	<b>24%</b>
<b>Total Carbohydrate</b> 25g	<b>9%</b>
Dietary Fiber 14g	50%
Total Sugars 1g	
Includes 0g Added Sugars	0%
<b>Protein</b> 8g	
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 2mg	10%
Potassium 430mg	10%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### GF California Veggie Burger - Gluten Free, Vegan (4 oz)



**INGREDIENTS:** CARROTS, ONIONS, STRING BEANS, ZUCCHINI, SOYBEANS, PEAS, EXPELLER PRESSED CANOLA OIL, SPINACH, BROCCOLI, CORN, RED PEPPERS, POTATO FLAKES, ARROWROOT, CORN MEAL, CORN STARCH, GARLIC, SALT, PARSLEY, BLACK PEPPER

**CONTAINS:** SOY

UPC CODE: 080868010601



ORDERING CODE:

GLVBIN4

#### Nutrition Facts

Serving Size 1 Burger (113g)  
Servings Per Container 40

Amount Per Serving  
**Calories 110** Calories from Fat 45

	% Daily Value*
<b>Total Fat</b> 5g	<b>8%</b>
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 180mg	<b>7%</b>
<b>Potassium</b> 170mg	<b>5%</b>
<b>Total Carbohydrate</b> 13g	<b>4%</b>
Dietary Fiber 3g	12%
Sugars 2g	
<b>Protein</b> 4g	
Vitamin A 50%	Vitamin C 6%
Calcium 4%	Iron 6%
Phosphorous 15%	

For more information, please contact Dr. Praeger's: 201-703-1300 • [drpraegers.com/food-service](http://drpraegers.com/food-service)

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## Veggie Burgers & Veggie Balls

### Jumbo California Veggie Burger – Vegan (5.5 oz)



**INGREDIENTS:** CARROTS, ONIONS, STRING BEANS, OAT BRAN, SOYBEANS, ZUCCHINI, PEAS, BROCCOLI, CORN, SOY FLOUR, SPINACH, EXPELLER PRESSED CANOLA OIL, RED PEPPERS, ARROWROOT, CORN STARCH, GARLIC, CORN MEAL, SALT, PARSLEY, BLACK PEPPER  
**CONTAINS:** SOY

UPC CODE: 080868010113



ORDERING CODE:

JVBIN

#### Nutrition Facts

Serving Size 1 Burger (156g)	
Servings Per Container About 29	
Amount Per Serving	
<b>Calories</b> 250	Calories from Fat 90
<b>% Daily Value*</b>	
<b>Total Fat</b> 10g	<b>16%</b>
Saturated Fat 1g	<b>4%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 590mg	<b>25%</b>
<b>Total Carbohydrate</b> 29g	<b>10%</b>
Dietary Fiber 6g	<b>25%</b>
Sugars 3g	
<b>Protein</b> 11g	
Vitamin A 70%	Vitamin C 0%
Calcium 10%	Iron 20%

### GF Jumbo Kale Veggie Burger – Gluten Free, Vegan (5.5 oz)



**INGREDIENTS:** KALE, COOKED QUINOA (QUINOA, WATER), COOKED BROWN RICE (BROWN RICE, WATER), COOKED MILLET (MILLET, WATER), ONIONS, EXPELLER PRESSED CANOLA OIL, CARROTS, SPINACH, SWEET POTATOES, POTATO FLAKES, ROASTED CORN, RED PEPPERS, WATER CHESTNUTS, BROCCOLI, ROASTED ZUCCHINI, RICE STARCH, ROASTED GARLIC, PARSLEY, SALT, BLACK PEPPER

UPC CODE: 080868010410



ORDERING CODE:

JVBIN-K

#### Nutrition Facts

Serving Size 1 Burger (156g)	
Servings Per Container About 29	
Amount Per Serving	
<b>Calories</b> 250	Calories from Fat 90
<b>% Daily Value*</b>	
<b>Total Fat</b> 11g	<b>16%</b>
Saturated Fat 1g	<b>4%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 360mg	<b>15%</b>
<b>Potassium</b> 430mg	<b>12%</b>
<b>Total Carbohydrate</b> 34g	<b>11%</b>
Dietary Fiber 2g	<b>7%</b>
Sugars 1g	
<b>Protein</b> 5g	
Vitamin A 50%	Vitamin C 20%
Calcium 8%	Iron 10%

### California Veggie Balls – Vegan (1 oz)



**INGREDIENTS:** CARROTS, ONIONS, STRING BEANS, OAT BRAN, SOYBEANS, ZUCCHINI, PEAS, BROCCOLI, CORN, SOY FLOUR, SPINACH, EXPELLER PRESSED CANOLA OIL, RED PEPPERS, ARROWROOT, CORN STARCH, GARLIC, CORN MEAL, SALT, PARSLEY, BLACK PEPPER  
**CONTAINS:** SOY

UPC CODE: 080868013107



ORDERING CODE:

VBBIN

#### Nutrition Facts

Serving Size 2 Pieces (56g)	
Servings Per Container About 80	
Amount Per Serving	
<b>Calories</b> 80	Calories from Fat 25
<b>% Daily Value*</b>	
<b>Total Fat</b> 2.5g	<b>4%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 190mg	<b>8%</b>
<b>Potassium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 10g	<b>3%</b>
Dietary Fiber 3g	<b>13%</b>
Sugars 2g	
<b>Protein</b> 4g	
Vitamin A 24%	Vitamin C 4%
Calcium 6%	Iron 15%

### California Veggie Burger Sliders – Vegan (1.5 oz)



**INGREDIENTS:** CARROTS, ONIONS, STRING BEANS, OAT BRAN, SOYBEANS, ZUCCHINI, PEAS, BROCCOLI, CORN, SOY FLOUR, SPINACH, EXPELLER PRESSED CANOLA OIL, RED PEPPERS, ARROWROOT, CORN STARCH, GARLIC, CORN MEAL, SALT, PARSLEY, BLACK PEPPER  
**CONTAINS:** SOY

UPC CODE: 080868010151



ORDERING CODE:

VBBIN-SL

#### Nutrition Facts

Serving Size 1 Slider (43g)	
Servings Per Container 107	
Amount Per Serving	
<b>Calories</b> 80	Calories from Fat 35
<b>% Daily Value*</b>	
<b>Total Fat</b> 4g	<b>6%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 150mg	<b>6%</b>
<b>Total Carbohydrate</b> 8g	<b>3%</b>
Dietary Fiber 2g	<b>8%</b>
Sugars 1g	
<b>Protein</b> 3g	
Vitamin A 24%	Vitamin C 7%
Calcium 3%	Iron 5%