

# Vegan Meatballs (Vegan, Gluten Free) 1oz

## INGREDIENTS

Hydrated Textured Vegetable Protein (Water, Soy Protein Concentrate), Onions, Expeller Pressed Canola Oil, Brown Rice Flour, Arrowroot Powder, Parsley, Natural Flavors, Fruit Juice (Color), Basil, Methyl Cellulose, Sea Salt, Oregano, Olive Oil, Garlic Powder, Black Pepper

**CONTAINS:** Soy



## STORAGE / SHELF LIFE

24 months from date of production when stored frozen at 0°F/-18°C or below.  
Cook from frozen.

## PREPARATION

**KEEP FROZEN PRIOR TO USE.** For food safety cook to an internal temperature of 165°F. **Oven:** Bake in single layer at 450°F for 12-15 minutes, flipping halfway through until product reaches 165°F. **Skillet:** Cook over medium low heat for approximately 6 minutes, turning as necessary until product reaches 165°F.

## Nutrition Facts

About 53 servings per container  
**Serving size 3 Meatballs (85g)**

**Amount per serving**  
**Calories 150**

|                               | % Daily Value* |
|-------------------------------|----------------|
| <b>Total Fat</b> 3g           | <b>4%</b>      |
| Saturated Fat 0g              | <b>1%</b>      |
| Trans Fat 0g                  |                |
| <b>Cholesterol</b> 0mg        | <b>0%</b>      |
| <b>Sodium</b> 400mg           | <b>17%</b>     |
| <b>Total Carbohydrate</b> 16g | <b>6%</b>      |
| Dietary Fiber 6g              | <b>21%</b>     |
| Total Sugars 0g               |                |
| Includes 0g Added Sugars      | <b>0%</b>      |
| <b>Protein</b> 14g            |                |
| Vitamin D 0mcg                | 0%             |
| Calcium 90mg                  | 6%             |
| Iron 2.1mg                    | 10%            |
| Potassium 550mg               | 10%            |


\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



## PACKAGING SPECS

|                        |                                      |
|------------------------|--------------------------------------|
| UPC                    | 080868067285                         |
| Case Pack*             | Approx. 160/1oz                      |
| Case Net Weight        | 10 lbs                               |
| Gross Weight           | 11 lbs                               |
| Case Dimensions        | 12.94" x 8.55" x 5.2"                |
| Case Cube (cubic feet) | .3344                                |
| Pallet Ti/Hi           | 16/11                                |
| GTIN                   | (01)00080868067285                   |
| Country of Origin      | USA, from US and foreign ingredients |

\*Cases sold by weight. Piece count may vary.



INSPECTED BY THE  
U.S. DEPT. OF AGRICULTURE  
IN ACCORDANCE WITH  
FNS REQUIREMENTS

SMBIN

Three 1.00 oz Dr. Praeger's® Soy Balls provide 2.25 oz equivalent meat alternate for Child Nutrition Meal Pattern Requirements (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 10/20)

**Vegan Meatballs  
soy protein balls  
(Vegan, Gluten Free)  
1oz**

Best if Used by Date:  
**OCT-24-2022**

**COOKING INSTRUCTIONS:** Keep frozen prior to use. For food safety and quality cook to an internal temperature of 165°F - cooking times may vary. **OVEN:** Bake in single layer at 450°F for 12-15 minutes, flipping halfway through until product reaches 165°F. **SKILLET:** Cook over medium low heat for approximately 6 minutes, turning as necessary until product reaches 165°F.

**INGREDIENTS:** Hydrated Textured Vegetable Protein (Water, Soy Protein Concentrate), Onions, Brown Rice Flour, Arrowroot Powder, Parsley, Fruit Juice (Color), Natural Flavors (water, natural flavors, tapioca dextrin, sodium carbonate, xanthan gum), Basil, Methyl Cellulose, Sea Salt, Oregano, Olive Oil, Natural Flavors (water, glycerol, natural flavors), Garlic Powder, Black Pepper. Par-fried in Expeller Pressed Canola Oil.

**Contains: SOY**  
Made in a facility that uses Wheat, Soy, Milk, Eggs, and Fish

**Manufactured By:**  
Dr. Praeger's Sensible Foods, Inc.  
Elmwood Park, NJ 07407 USA  
EU# 3001237875  
Establishment #22375FNS

Net Wt. 10 lbs (4.54kg)

E20CE-01A

**Keep Frozen 0° Degrees F**