

# GF Jumbo Kale Veggie Burger (Gluten Free, Vegan) 5.5oz

## INGREDIENTS

Kale, Cooked Quinoa (Quinoa, Water), Cooked Brown Rice (Brown Rice, Water), Expeller Pressed Canola Oil, Cooked Millet (Millet, Water), Onions, Carrots, Spinach, Sweet Potatoes, Potato Flakes, Roasted Corn, Red Bell Peppers, Water Chestnuts, Broccoli, Zucchini, Rice Starch, Garlic, Parsley, Sea Salt, Black Pepper



## STORAGE / SHELF LIFE

24 months from date of production when stored frozen at 0°F/-18°C or below. Cook from frozen.

## PREPARATION

**KEEP FROZEN PRIOR TO USE.** For food safety cook to an internal temperature of 165°F. **Flat Top Grill (Preferred Method):** Preheat grill to 425°F. If the grill is not a non-stick surface, please coat grill with a liberal coating of pan release. Place frozen burgers on grill and cook until heated through and well browned, flipping as necessary (approximately 7-10 minutes). **Convection Oven:** Preheat oven to bake at 400°F. Place frozen product on ungreased baking pan. Bake approximately 12-15 minutes, turning once.

## Nutrition Facts

Serving Size 1 Burger (156g)  
Servings Per Container About 29

### Amount Per Serving

**Calories** 250      Calories from Fat 90

% Daily Value\*

**Total Fat** 11g      **16%**

Saturated Fat 1g      **4%**

Trans Fat 0g

**Cholesterol** 0mg      **0%**

**Sodium** 360mg      **15%**

**Potassium** 430mg      **12%**

**Total Carbohydrate** 34g      **11%**

Dietary Fiber 2g      **7%**

Sugars 1g

**Protein** 5g

Vitamin A 50%      •      Vitamin C 20%

Calcium 8%      •      Iron 10%


\*Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.



## PACKAGING SPECS

UPC	080868010410
Finished Product Size	4.5"w x .63"h
Case Pack*	Approx. 29/5.5oz
Case Net Weight	10 lbs
Gross Weight	11 lbs
Case Dimensions	12.81" x 8.31" x 5.12"
Case Cube (cubic feet)	.3344
Pallet Ti/Hi	16/11
GTIN	(01)00080868010410
Country of Origin	USA, from US and foreign ingredients

\*Cases sold by weight. Piece count may vary.



PURELY SENSIBLE FOODS

### Jumbo Kale Veggie Burger (Vegan) 5.5oz



**JVBIN-K**

Ingredients: Kale, Cooked Quinoa (Quinoa, Water), Cooked Brown Rice (Brown Rice, Water), Expeller Pressed Canola Oil, Cooked Millet (Millet, Water), Onions, Carrots, Spinach, Sweet Potatoes, Potato Flakes, Roasted Corn, Red Bell Peppers, Water Chestnuts, Broccoli, Zucchini, Rice Starch, Garlic, Parsley, Sea Salt, Black Pepper

**Best if used by:**  
**DEC-27-2020**


10 lbs (4.54kg)

Made in a facility that uses Wheat, Soy, Milk, Eggs, and Fish

Dr. Praeger's Sensible Foods, Inc.  
Elmwood Park, NJ 07407  
Made in USA  
EU# 3001237875

Lot # **W18CH-02A**

**Keep Frozen 0°F/-18°C**



COOKING INSTRUCTIONS:  
Must Be Cooked From Frozen.  
For Food Safety and Quality, Heat to a Minimum Internal Temperature of 165°F.  
Flat Top Grill: (Preferred Method) Preheat grill to 425°F. If the grill is not a non-stick surface please coat grill with a liberal coating of pan release. Place frozen burgers on grill and cook until heated through and well browned, flipping as necessary (Approximately 7-10 minutes).  
Convection Oven: Preheat oven to bake at 400°F. Place frozen product on ungreased baking pan. Bake approximately 12-15 minutes turning once.