

# Black Bean Veggie Burger (CN Labeled, Vegetarian) 3.3oz

**Low Saturated Fat, Low Cholesterol,  
Good Source of Fiber, No Trans Fat, No  
Preservatives**

**INGREDIENTS**

Hydrated Textured Vegetable Protein (Water, Soy Protein Concentrate, Caramel Color), Cooked Black Beans (Black Beans, Water), Brown Rice, Onions, Canola Oil, Corn, Wheat Gluten, Red Bell Pepper, Arrowroot Powder, Egg Whites, Chili Powder, Jalapeno, Water, Soy Protein Concentrate, Natural Beef Flavor (Yeast Extract, Maltodextrin, Salt, Natural Flavoring), Dry Whole Eggs, Salt, Garlic, Cilantro, Black Pepper  
**CONTAINS: Soy, Wheat, Egg**

**STORAGE / SHELF LIFE**

24 months from date of production when stored frozen at 0°F/-18°C or below.  
Cook from frozen.

**PREPARATION**

**KEEP FROZEN PRIOR TO USE.** For food safety and quality, heat to a minimum internal temperature of 165°F. **Flat Top Grill (Preferred Method):** Preheat grill to 425°F. If the grill is not a non-stick surface, please coat grill with a liberal coating of pan release. Place frozen burgers on grill and cook until heated through and well browned, flipping as necessary (approximately 7 minutes). **Convection Oven:** Preheat oven to bake at 450°F. Place frozen product on ungreased baking pan. Bake approximately 7-10 minutes, turning once.



**Nutrition Facts**

Serving Size 1 Burger 3.3oz. (94g)  
Servings Per Container About 48

Amount Per Serving	
<b>Calories</b> 190	Calories from Fat 45
% Daily Value*	
<b>Total Fat</b> 5g	<b>7%</b>
Saturated Fat 0.5g	<b>3%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 350mg	<b>20%</b>
<b>Total Carbohydrate</b> 16g	<b>5%</b>
Dietary Fiber 5g	<b>18%</b>
Sugars 2g	
<b>Protein</b> 15g	
Vitamin A 4%	Vitamin C 0%
Calcium 6%	Iron 20%



**PACKAGING SPECS**

UPC	N/A
Finished Product Size	4" w x .38" h
Case Pack (by weight)	48/3.3oz
Case Net Weight	10 lbs
Gross Weight	11 lbs
Case Dimensions	12.81" x 8.31" x 5.12"
Case Cube (cubic feet)	0.3344
Pallet Ti/Hi	16/11
GTIN	(01)00080868066165
Country of Origin	USA

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Sugars 2g

**Protein** 15g

Vitamin A 4% • Vitamin C 0%  
Calcium 6% • Iron 20%

**Keep Frozen 0° Degrees F**

**dr. Praeger's**  
PURELY SENSIBLE FOODS

**Black Bean Vegetarian Patty**

Use a timer for Praeger's Black Bean Vegetarian Patty please. Cook for 10 to 14 minutes. Flip once halfway through cooking and heated through and browned to taste.

**COOKING INSTRUCTIONS:** Keep Frozen. Prior to Cooking. Preheat convection oven to 450 F. Cook for 10 to 14 minutes. Flip once halfway through cooking and heated through and browned to taste.

**Ingredients:** Hydrated textured vegetable protein (water, soy protein concentrate, caramel color, black beans, brown rice, onions, corn, wheat gluten, arrowroot, red bell pepper, cilantro, chili powder, jalapeno pepper, egg white powder, yeast flavor (yeast extract, maltodextrin, salt, natural flavoring), dry whole eggs, garlic, salt, black pepper. Formed in kosher certified kitchen.

**CONTAINS SOY, WHEAT, EGG**

SVB-SWIN33-CN H17CF-01A

Another Great Product Manufactured By: Dr. Praeger's Sensible Foods™  
Organic Food Products, Inc.  
Winwood Park, NJ 07407 USA  
EU# 3001237875

**Kosher Parve**

Net Wt. 10 lbs (4.54 kg)

Establishment #1288 (01) 0 008088 08616 5