

# Black Bean Veggie Burger (Vegan) 3.3oz

## INGREDIENTS

Hydrated Textured Vegetable Protein (Water, Soy Protein Concentrate, Caramel Color), Cooked Black Beans (Black Beans, Water), Cooked Brown Rice (Brown Rice, Water), Onions, Expeller Pressed Canola Oil, Corn, Wheat Gluten, Red Bell Peppers, Arrowroot Powder, Jalapeño Peppers, Chili Powder (Chili Pepper, Salt, Garlic, Cumin, Spices), Flaxseed Meal, Vegetarian Natural Beef Flavor (Yeast Extract, Maltodextrin, Salt, Natural Flavoring), Soy Protein Concentrate, Salt, Garlic, Cilantro, Black Pepper  
CONTAINS: Soy, Wheat



## STORAGE / SHELF LIFE

24 months from date of production when stored frozen at 0°F/-18°C or below. Cook from frozen.

## PREPARATION

**KEEP FROZEN PRIOR TO USE.** For food safety and quality, heat to a minimum internal temperature of 165°F. **Flat Top Grill (Preferred Method):** Preheat grill to 425°F. If the grill is not a non-stick surface, please coat grill with a liberal coating of pan release. Place frozen burgers on grill and cook until heated through and well browned, flipping as necessary (approximately 7 minutes). **Convection Oven:** Preheat oven to bake at 450°F. Place frozen product on ungreased baking pan. Bake approximately 7-10 minutes, turning once.

## Nutrition Facts

Serving Size 1 Burger 3.3oz. (94g)  
Servings Per Container About 48

### Amount Per Serving

**Calories 170**      Calories from Fat 50

% Daily Value\*

**Total Fat 6g**      **9%**

Saturated Fat <0.5g      **3%**

Trans Fat 0g

**Cholesterol 0mg**      **0%**

**Sodium 430mg**      **18%**

**Total Carbohydrate 18g**      **6%**

Dietary Fiber 6g      **18%**

Sugars 2g

**Protein 11g**

Vitamin A 4%      •      Vitamin C 0%

Calcium 6%      •      Iron 25%



## PACKAGING SPECS

UPC	080868066172
Finished Product Size	4"w x .38"h
Case Pack (by weight)	48/3.3oz
Case Net Weight	10 lbs
Gross Weight	11 lbs
Case Dimensions	12.81" x 8.31" x 5.12"
Case Cube (cubic feet)	0.3344
Pallet Ti/Hi	16/11
GTIN	(01)00080868066172
Country of Origin	USA



**Dr. Praeger's**  
PURELY SENSIBLE FOODS

**SVB-SWIN33**

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**Best if used by:**  
**DEC-13-2020**

Contains: SOY, WHEAT

10 lbs (4.54kg)

Made in a facility that uses Wheat, Soy, Milk, Eggs, and Fish

Dr. Praeger's Sensible Foods, Inc.  
Elmwood Park, NJ 07407  
Made in USA  
EU# 3001237875

Lot # W18BD-01A

Keep Frozen 0°F/-18°C