

**Perfect Burger™  
(Vegan, Gluten Free) 4 oz**

- Soy Free
- Includes 4 Kinds of Veggies

**INGREDIENTS**

Hydrated Pea Protein Blend (Water, Pea Protein), Sunflower Oil, Beets, Natural Flavors, Sweet Potato Puree, Butternut Squash Puree, Carrot Puree, Methyl Cellulose, Oat Fiber, Fruit & Vegetable Juice (For Color), Sea Salt, Onion Powder

**20G  
PLANT  
PROTEIN!**



**STORAGE / SHELF LIFE**

24 months from date of production when stored frozen at 0°F/-18°C or below.

**PREPARATION**

**COOK FROM THAWED. THAW IN REFRIGERATOR:** For food safety cook to an internal temperature of 165°F. Do not leave appliances unattended as cooking times may vary. **Flat Top (Preferred Method):** Preheat flat top grill to 375°F (temperature can vary) place thawed burger on grill and flatten with spatula or use grill weight to flatten to ¼ inch width. Grill over medium-high heat cooking for approximately 5 minutes. Carefully flip and cook for an additional 5 minutes until lightly charred. Interior of patty will still look pink when fully cooked.

**Nutrition Facts**

40 servings per container  
Serving size 1 burger (113g)

Amount Per Serving  
**Calories 230**

% Daily Value\*


<b>Total Fat</b> 13g	<b>16%</b>
Saturated Fat 2g	<b>11%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 380mg	<b>16%</b>
<b>Total Carbohydrate</b> 8g	<b>3%</b>
Dietary Fiber 4g	<b>13%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 20g	<b>27%</b>
Vitamin D 0mcg	0%
Calcium 70mg	6%
Iron 5.2mg	30%
Potassium 150mg	4%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



**PACKAGING SPECS**

UPC	080868067506
Case Pack (by weight)	40/4oz
Case Net Weight	10 lbs
Gross Weight	11 lbs
Case Dimensions	12.94" x 8.55" x 5.2"
Case Cube (cubic feet)	.3344
Pallet Ti/Hi	16/11
GTIN	(01)00080868067506
Country of Origin	USA



**Perfect Burger - 4oz Foodservice**

**COOKING INSTRUCTIONS:** KEEP FROZEN PRIOR TO USE. Cooking times may vary - for food safety cook to an internal temperature of 165°F. Interior and sides of patty will still look pink when fully cooked. **COOK FROM FROZEN:** Skillet (Preferred): Preheat a non-stick pan over medium-low heat. Cook for 9 minutes per side until heated through and lightly charred. Oven: Preheat to bake at 425°F. On a lined baking tray, cook for 10 minutes per side until lightly browned and patty reaches 165°F internal temperature. **COOK FROM THAWED:** THAW IN REFRIGERATOR OVERNIGHT. Skillet (Preferred): Preheat a non-stick pan over medium heat. Cook for 5 minutes per side until heated through and lightly charred. Grill: Preheat over medium-high heat. Cook for 4 minutes. Carefully flip and cook for an additional 5 minutes until lightly browned and patty reaches 165°F internal temperature.

**Best if used by:**  
**JUN-02-2021**

Made in a facility that uses Wheat, Soy, Milk, Eggs, and Fish

Dr. Praeger's Sensible Foods, Inc.  
Elmwood Park, NJ 07407  
Made in USA  
EU# 3001237875

10 lbs (4.54kg)

Keep Frozen 0°F/-18°C