

Where you
recognize
all the
ingredients!®

Dr. Praeger's
PURELY SENSIBLE FOODS



Mexican Breakfast Torta

Plant Protein Burgers

Meatless Soy Burger – Vegan (4.25 oz)



INGREDIENTS: HYDRATED SOY PROTEIN (WATER, SOY PROTEIN CONCENTRATE, ISOLATED SOY PROTEIN, MALT EXTRACT), EXPELLER PRESSED CANOLA OIL, WHEAT GLUTEN, POTATO STARCH, NATURAL FLAVORS, METHYL CELLULOSE, SEA SALT, WHEAT FIBER, ORGANIC CARAMEL COLOR

UPC CODE: 080868067322



ORDERING CODE:

MLBIN425

Nutrition Facts

About 38 serving per container
Serving size 1 burger (120g)

Amount per serving	
Calories	260
% Daily Value*	
Total Fat 10g	13%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 630mg	27%
Total Carbohydrate 13g	5%
Dietary Fiber 5g	19%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 25g	34%
Vitamin D 0mcg	0%
Calcium 90mg	6%
Iron 3mg	15%
Potassium 450mg	10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

NEW! Premium Chipotle Black Bean Burgers – Vegan (4.25 oz)



INGREDIENTS:

COOKED RICE (WATER, BROWN RICE), COOKED BLACK BEANS (BLACK BEANS, WATER), CORN, WATER, EXPELLER PRESSED CANOLA OIL, ONIONS, RED BELL PEPPERS, TOMATOES, WHEAT GLUTEN, TEXTURED VEGETABLE CRUMBLES (SOY PROTEIN CONCENTRATE, MALT EXTRACT), CHILI POWDER (CHILI PEPPER, SALT, GARLIC, CUMIN, SPICES), TEXTURED VEGETABLE PROTEIN (SOY PROTEIN CONCENTRATE, CARAMEL COLOR), ARROWROOT POWDER, JALAPENO PEPPERS, SOY PROTEIN CONCENTRATE, FLAXSEED MEAL, NATURAL BEEF TYPE FLAVOR (YEAST EXTRACT, MALTODEXTRIN, SALT, NATURAL FLAVORS), PAPRIKA, ROASTED GARLIC, SEA SALT, METHYL CELLULOSE, DRIED CILANTRO, CUMIN, CHIPOTLE FLAVORING (SALT, SPICE AND SPICE EXTRACTIVES, SUGAR, GARLIC POWDER, ONION POWDER, TOMATO POWDER, DEHYDRATED RED BELL PEPPERS, LIME JUICE POWDER, NATURAL FLAVORS, CILANTRO, SOY OIL), CHIPOTLE CHILI PEPPER POWDER, BLACK PEPPER

UPC CODE: 080868067315



ORDERING CODE:

VBCBBIN425

Nutrition Facts

About 37 servings per container
Serving Size 1 Burger (121g)

Amount per serving	
Calories	200
% Daily Value*	
Total Fat 5g	7%
Saturated Fat 0.5g	2%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 590mg	24%
Total Carbohydrate 27g	10%
Dietary Fiber 4g	13%
Total Sugars 3g	
Includes 1g Added Sugars	3%
Protein 12g	13%
Vitamin D 0.3mcg	0%
Calcium 70mg	6%
Iron 3.7mg	20%
Potassium 510mg	10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Black Bean Veggie Burger – Vegan (4.25 oz)



INGREDIENTS: HYDRATED TEXTURED SOY PROTEIN CONCENTRATE (WATER, SOY PROTEIN CONCENTRATE, CARAMEL COLOR), COOKED BLACK BEANS (BLACK BEANS, WATER), COOKED BROWN RICE (BROWN RICE, WATER), ONIONS, EXPELLER PRESSED CANOLA OIL, CORN, WHEAT GLUTEN, RED PEPPERS, ARROWROOT POWDER, JALAPEÑO PEPPERS, CHILI POWDER, VEGAN NATURAL BEEF FLAVORING (YEAST EXTRACT, MALTODEXTRIN, SALT, NATURAL FLAVORING), FLAXSEED MEAL, GARLIC, SALT, CILANTRO, BLACK PEPPER

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SVB-SWIN4

Nutrition Facts

Serving Size 1 Burger 4.25oz. (121g)
Servings Per Container 37

Amount Per Serving	
Calories 200	Calories from Fat 50
% Daily Value*	
Total Fat 5g	7%
Saturated Fat <0.5g	2%
Trans Fat 0g	
Cholesterol 10mg	4%
Sodium 450mg	19%
Total Carbohydrate 18g	6%
Dietary Fiber 4g	17%
Sugars 3g	
Protein 20g	
Vitamin A 1%	Vitamin C 0%
Calcium 7%	Iron 13%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Black Bean Veggie Burger – Vegan (3.3 oz)



INGREDIENTS: HYDRATED TEXTURED SOY PROTEIN CONCENTRATE (WATER, SOY PROTEIN CONCENTRATE, CARAMEL COLOR), COOKED BLACK BEANS (BLACK BEANS, WATER), COOKED BROWN RICE (BROWN RICE, WATER), ONIONS, EXPELLER PRESSED CANOLA OIL, CORN, WHEAT GLUTEN, RED PEPPERS, ARROWROOT POWDER, JALAPEÑO PEPPERS, CHILI POWDER, VEGAN NATURAL BEEF FLAVOR (YEAST EXTRACT, MALTODEXTRIN, SALT, NATURAL FLAVORING), FLAXSEED MEAL, GARLIC, SALT, CILANTRO, BLACK PEPPER

UPC CODE: 080868066172



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SVB-SWIN33

Nutrition Facts

Serving Size 1 Burger 3.3oz. (94g)
Servings Per Container 48

Amount Per Serving	
Calories 170	Calories from Fat 50
% Daily Value*	
Total Fat 6g	9%
Saturated Fat <0.5g	3%
Trans Fat 0g	
Cholesterol 10mg	4%
Sodium 430mg	18%
Total Carbohydrate 18g	6%
Dietary Fiber 6g	18%
Sugars 2g	
Protein 11g	
Vitamin A 4%	Vitamin C 0%
Calcium 6%	Iron 25%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Contact Dr. Praeger's at 201-703-1300 for more details.

Chipotle Black Bean Veggie Burger (4.25 oz)



INGREDIENTS: HYDRATED TEXTURED VEGETABLE PROTEIN (WATER, SOY PROTEIN CONCENTRATE, CARAMEL COLOR), COOKED BLACK BEANS (BLACK BEANS, WATER), COOKED BROWN RICE (BROWN RICE, WATER), ONIONS, EXPELLER PRESSED CANOLA OIL, CORN, CHILI POWDER, WHEAT GLUTEN, ARROWROOT, RED PEPPERS, EGG WHITES, VEGETARIAN FLAVORING (YEAST EXTRACT, MALTODEXTRIN, SALT, NATURAL FLAVORINGS) JALAPEÑO PEPPERS, GARLIC, SALT, CHIPOTLE PEPPERS, NATURAL CHIPOTLE FLAVOR (SALT, SPICE AND SPICE EXTRACTIVES, SUGAR, GARLIC AND ONION, TOMATO POWDER, DEHYDRATED RED BELL PEPPERS, LIME JUICE POWDER, NATURAL FLAVORS, CILANTRO, SOY OIL), CILANTRO, BLACK PEPPER

UPC CODE: 080868066219

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SVB-CBBIN425

Nutrition Facts

Serving Size 1 Burger (120g)
Servings Per Container 38

Amount Per Serving

Calories 220 Calories from Fat 70

% Daily Value*

Total Fat 8g **13%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 510mg **21%**

Potassium 420mg **12%**

Total Carbohydrate 18g **6%**

Dietary Fiber 5g **20%**

Sugars 1g

Protein 19g

Vitamin A 8% • Vitamin C 0%

Calcium 8% • Iron 20%

Phosphorous 17%



Garden Harvest Patty (3.5 oz)



INGREDIENTS: HYDRATED SOY PROTEIN CONCENTRATE (WATER, SOY PROTEIN CONCENTRATE), MUSHROOMS, EGG WHITES, ONIONS, WATER CHESTNUTS, CARROTS, EXPELLER PRESSED CANOLA OIL, COOKED BROWN RICE (BROWN RICE, WATER), ROLLED OATS, WHEAT GLUTEN, HARVEST FLAVORINGS (AUTOLYZED YEAST EXTRACT, SPICE AND SPICE EXTRACTIVES, GARLIC POWDER, DEXTROSE, SALT, HYDROLYZED SOY PROTEIN, SOY PROTEIN ISOLATE), ONION POWDER, CORN STARCH, RED PEPPERS, GREEN PEPPERS, BLACK OLIVES, SOY SAUCE (WATER, SALT, MOLASSES, CARAMEL COLOR, HYDROLYZED VEGETABLE PROTEIN), VEGETARIAN NATURAL MEAT FLAVOR (YEAST EXTRACT, MALTODEXTRIN, SALT, NATURAL FLAVORING)

UPC CODE: 080868066233

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SVB-GHPIN35

Nutrition Facts

Serving Size 3.5oz (99g)
Servings Per Container About 46

Amount Per Serving

Calories 200 Calories from Fat 70

% Daily Value*

Total Fat 7g **11%**

Saturated Fat <0.5g **3%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 360mg **15%**

Potassium 360mg **10%**

Total Carbohydrate 18g **6%**

Dietary Fiber 6g **24%**

Sugars 1g

Protein 15g

Vitamin A 15% • Vitamin C 0%

Calcium 6% • Iron 10%



Black Bean Slider – Vegan (1.65 oz)



INGREDIENTS: HYDRATED TEXTURED SOY PROTEIN CONCENTRATE (WATER, SOY PROTEIN CONCENTRATE, CARAMEL COLOR), COOKED BLACK BEANS (BLACK BEANS, WATER), COOKED BROWN RICE (BROWN RICE, WATER), ONIONS, EXPELLER PRESSED CANOLA OIL, CORN, WHEAT GLUTEN, RED PEPPERS, ARROWROOT POWDER, JALAPEÑO PEPPERS, CHILI POWDER, VEGAN NATURAL BEEF FLAVOR (YEAST EXTRACT, MALTODEXTRIN, SALT, NATURAL FLAVORING), FLAXSEED MEAL, GARLIC, SALT, CILANTRO, BLACK PEPPER

UPC CODE: 080868066158



ORDERING CODE:

VBBBSL1651

Nutrition Facts

Serving Size 1 Slider (47g)
Servings Per Container 104

Amount Per Serving

Calories 90 Calories from Fat 30

% Daily Value*

Total Fat 3g **5%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 250mg **10%**

Total Carbohydrate 7g **2%**

Dietary Fiber 3g **11%**

Sugars 1g

Protein 8g

Vitamin A 0% • Vitamin C 0%

Calcium 4% • Iron 8%

CN Black Bean Veggie Burger (3.3 oz)



INGREDIENTS: HYDRATED TEXTURED VEGETABLE PROTEIN (WATER, SOY PROTEIN CONCENTRATE, CARAMEL COLOR), BLACK BEANS, BROWN RICE, ONIONS, CORN, WHEAT GLUTEN, ARROWROOT, RED BELL PEPPER, CILANTRO, CHILI POWDER, JALAPEÑO PEPPERS, EGG WHITE POWDER, MEAT FLAVOR (YEAST EXTRACT, MALTODEXTRIN, SALT, NATURAL FLAVORING), DRY WHOLE EGGS, GARLIC, SALT, BLACK PEPPER. PAR-FRIED IN EXPELLER PRESSED CANOLA OIL

GTIN CODE: 00080868066165



ORDERING CODE:

SVB-SWIN33-CN

Nutrition Facts

Serving Size 1 Burger 3.3oz. (94g)
Servings Per Container 48

Amount Per Serving

Calories 190 Calories from Fat 45

% Daily Value*

Total Fat 5g **7%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

Cholesterol 10mg **4%**

Sodium 350mg **20%**

Total Carbohydrate 16g **5%**

Dietary Fiber 5g **18%**

Sugars 2g

Protein 15g

Vitamin A 4% • Vitamin C 0%

Calcium 6% • Iron 20%

CN Vegan Burger (2.25 oz)



INGREDIENTS: HYDRATED TEXTURED SOY PROTEIN (WATER, SOY PROTEIN CONCENTRATE, CARAMEL COLOR), ONIONS, WHEAT GLUTEN, SOY PROTEIN CONCENTRATE, ARROWROOT POWDER, NATURAL VEGAN BEEF FLAVOR (YEAST EXTRACT, MALTODEXTRIN, SALT, NATURAL FLAVORING), FLAXSEED MEAL, GARLIC, SALT, BLACK PEPPER. PREFRIED IN EXPELLER PRESSED CANOLA OIL

UPC CODE: 080868066110



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SVBIN3-CN

Nutrition Facts

Serving Size 1 Burger 2.25oz (63g)
Servings Per Container 71

Amount Per Serving

Calories 140 Calories from Fat 40

% Daily Value*

Total Fat 4.5g **7%**

Saturated Fat less than 0.5g **2%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 420mg **15%**

Total Carbohydrate 9g **3%**

Dietary Fiber 3g **11%**

Sugars 3g

Protein 16g

Vitamin A 0% • Vitamin C 0%

Calcium 6% • Iron 8%

Contact Dr. Praeger's at 201-703-1300 for more details.