

# Black Bean Veggie Burger (CN Labeled) 3.3oz

**Low Saturated Fat, Low Cholesterol,  
No Preservatives, No Trans Fat,  
11 Grams of Protein per Serving**

**INGREDIENTS**

Hydrated Textured Vegetable Protein (Water, Soy Protein Concentrate, Caramel Color), Black Beans, Brown Rice, Onions, Corn, Wheat Gluten, Arrowroot, Red Bell Pepper, Cilantro, Chili Powder, Jalapeno Peppers, Egg White Powder, Meat Flavor (Yeast Extract, Maltodextrin, Salt, Natural Flavoring), Dry Whole Eggs, Garlic, Salt, Black Pepper. Par-Fried In Expeller Pressed Canola Oil.

Contains: Soy, Eggs, Wheat

**STORAGE / SHELF LIFE**

24 months from date of production when stored frozen at 0°F/-18°C or below.  
Cook from frozen.

**PREPARATION**

**KEEP FROZEN PRIOR TO USE.** For food safety and quality, heat to a minimum internal temperature of 165°F. **Flat Top Grill (Preferred Method):** Preheat grill to 425°F. If the grill is not a non-stick surface, please coat grill with a liberal coating of pan release. Place frozen burgers on grill and cook until heated through and well browned, flipping as necessary (approximately 7 minutes). **Convection Oven:** Preheat oven to bake at 450°F. Place frozen product on ungreased baking pan. Bake approximately 7-10 minutes, turning once.



**Nutrition Facts**

Serving Size 1 Burger 3.3oz. (94g)  
Servings Per Container 48

Amount Per Serving	
<b>Calories</b> 190	Calories from Fat 45
<b>% Daily Value*</b>	
<b>Total Fat</b> 5g	<b>7%</b>
Saturated Fat 0.5g	<b>3%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 350mg	<b>20%</b>
<b>Total Carbohydrate</b> 16g	<b>5%</b>
Dietary Fiber 5g	<b>18%</b>
Sugars 2g	
<b>Protein</b> 15g	
Vitamin A 4%	Vitamin C 0%
Calcium 6%	Iron 20%




**PACKAGING SPECS**

UPC	N/A
Finished Product Dimensions	
Case Pack	48/3.3oz
Allowable Case Defect	Less than 5%
Case Net Weight	10 lbs
Gross Weight	11 lbs
Case Dimensions	12.94" x 8.55" x 5.2"
Case Cube (cubic feet)	0.3344
Pallet Ti/Hi	16/11
GTIN	00080868066165
Country of Origin	USA

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**Keep Frozen  
0° Degrees F**



**Black Bean Vegetarian Patty**

One 3.30 oz. Dr. Praeger's® Black Bean Vegetarian Patty provides 2.00 oz equivalent meat alternate OR 1.75 oz meat alternate and 1/8 cup legume vegetable for the Child Nutrition Meal Pattern Requirements (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 03-13)

**COOKING INSTRUCTIONS - Keep Frozen Prior to Cooking**  
Preheat conventional oven to 400 F. Cook for 10 to 14 minutes flip once halfway through cooking until heated through and browned to taste.

Ingredients: Hydrated textured vegetable protein (water, soy protein concentrate, caramel color), black beans, brown rice, onions, corn, wheat gluten, arrowroot, red bell pepper, cilantro, chili powder, jalapeno peppers, egg white powder, meat flavor (yeast extract, maltodextrin, salt, natural flavoring), dry whole eggs, garlic, salt, black pepper. Par-fried in Expeller Pressed Canola Oil


CONTAINS: SOY, WHEAT, EGG

SVB-SWIN33-CN

**Kosher Parve**

Net Wt. 10 lbs (4.54 kg)

H17CF-01A



(01) 0 0080868 06616 5

As of 12/2018

**MANUFACTURED BY DR. PRAEGER'S SENSIBLE FOODS, INC.**

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