

Chickenless Nuggets – CN

**Low Saturated Fat, No Cholesterol,
No Trans Fat, No Preservatives**

INGREDIENTS

Hydrated Textured Soy Protein (Filtered Water, Isolated Soy Protein, Cornstarch), Onion, Soy Flour, Wheat Gluten, Natural Vegetarian Chicken Flavor (Yeast Extract, Maltodextrin, Salt, Cornstarch, Natural Flavoring, Onion Powder, Lactic Acid, Sugar), Rice Starch, Egg White Powder, Garlic, Wheat Fiber, Salt, White Pepper. Bred with Whole Wheat Flour, Enriched Wheat Flour (enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water. Contains 2% or less of the following: Corn Starch, Salt, Sugar, Yeast, Onion Powder, Garlic Powder, Spice, Expeller Pressed Canola Oil
Contains: Wheat, Soy, Egg



STORAGE / SHELF LIFE

24 months from date of production when stored frozen at 0°F/-18°C or below.
Cook from frozen.

PREPARATION

KEEP FROZEN PRIOR TO USE. For food safety cook to an internal temperature of 165°F. Oven: Preheat oven on broil. Place nuggets on an ungreased baking tray. Broil for 15-18 minutes. For crispier nuggets, turn nuggets after 7-10 minutes.

Nutrition Facts

Serving Size 4 pieces (85g)
Servings Per Container 53

Amount Per Serving

Calories 190	Calories from Fat 60
% Daily Value*	
Total Fat 6g	10%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 430mg	18%
Potassium 140mg	4%
Total Carbohydrate 20g	7%
Dietary Fiber 4g	16%
Sugars 3g	
Protein 13g	
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 10%



PACKAGING SPECS

UPC	080868067124
Finished Product Dimensions	
Case Pack	213/.75oz
Allowable Case Defect	Less than 5%
Case Net Weight	10 lbs
Gross Weight	11 lbs.
Case Dimensions	12.94" x 8.55" x 5.2"
Case Cube (cubic feet)	.3344
Pallet Ti/Hi	16/11
GTIN	00080868067124
Country of Origin	USA

Dr. Praeger's
PURELY SENSIBLE FOODS
Chickenless Nuggets
Net Wt. 10 lbs (4.54 kg)

UPC: 080868067124
CNSY751-CN

Four 0.75 oz Dr. Praeger's S Chickenless Nuggets provide 2.00 oz equivalent meat alternative and 75 oz equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 09/2015)

Best if Used by Date: FEB-25-2018

COOKING INSTRUCTIONS: - Keep Frozen Prior to Cooking. Preheat conventional oven to 400°F. Cook for 16 to 18 minutes. Flip once halfway through cooking until heated through and browned to taste.

Ingredients: HYDRATED TEXTURED SOY PROTEIN (FILTERED WATER, ISOLATED SOY PROTEIN, CORNSTARCH), ONION, SOY FLOUR, WHEAT GLUTEN, NATURAL VEGETARIAN CHICKEN FLAVOR (YEAST EXTRACT, MALTODEXTRIN, SALT, CORNSTARCH, NATURAL FLAVORING, ONION POWDER, LACTIC ACID, SUGAR), RICE STARCH, EGG WHITE POWDER, GARLIC, WHEAT FIBER, SALT, WHITE PEPPER, BREADED WITH WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CONTAINS 2% OF LESS OF THE FOLLOWING: CORNSTARCH, SALT, SUGAR, YEAST, ONION POWDER, GARLIC POWDER, SPICE, EXPPELLER PRESSED CANOLA OIL.

CONTAINS: WHEAT, SOY, EGG

Kosher Parve

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EU # 3001237875
Establishment #1228

Keep Frozen 0° Degrees F