

Where you recognize all the ingredients



# Super Greens

Product # VBSG04I

Manufacturer: Ungars Food Products  
DBA Dr. Praeger's Sensible Foods

Date: 2/19/2018



Soy Free, GMO Free, Low Saturated Fat, No Cholesterol, No Trans Fat, No Preservatives

Ingredients: Collard greens, cooked quinoa (quinoa, water), kale, swiss chard, turnip greens, mustard greens, spinach, expeller pressed canola oil, potato flakes, onions, apples, arrowroot powder, cooked teff (teff, water), parsley, roasted garlic, ginger, salt, hemp protein, black pepper, cayenne pepper, coriander

Storage: Keep Frozen at 0°F/-18°C or below: Designed to be cooked from frozen

Shelf Life: 24 Months, frozen from date of production

## Preparation:

### COOKING INSTRUCTIONS:

Must Be Cooked From Frozen.

For Food Safety and Quality, Heat to a Minimum Internal Temperature of 165° F.

Flat Top Grill: (Preferred Method) Preheat grill to 425°F. If the grill is not a non stick surface please coat grill with a liberal coating of pan release. Place frozen burgers on grill and cook until heated through and well browned, flipping as necessary (Approximately 7-10 minutes).

Convection Oven: Preheat oven to bake at 450°F. Place frozen product on ungreased baking pan. Bake approximately 12-15 minutes turning once.

## Packaging Specs:

UPC: 080868010397

Finished Prod. Dimensions: 4.25" by .5"

Case Pack: 40/4 oz

Allowable Case Defect less than 5%

Case Net Wt: 10 lbs (4.54kg)

Gross Wt: 11 lbs

Case Dimensions: 12.94" x 8.55" x 5.2"

Case Cube (cu. ft.): .3344

Pallet Tie/Hi: 16/11

GTIN: 00080868010397

Country of Origin: USA



Kosher Parve

## Nutrition Facts

Serving Size 1 Burger (113g)  
Servings Per Container 40

### Amount Per Serving

**Calories 160**      Calories from Fat 80

**% Daily Value\***

**Total Fat 9g**      **14%**

**Saturated Fat 1g**      **4%**

*Trans Fat 0g*

**Cholesterol 0mg**      **0%**

**Sodium 400mg**      **17%**

**Potassium 330mg**      **9%**

**Total Carbohydrate 17g**      **6%**

Dietary Fiber 4g      **14%**

Sugars 0g

**Protein 4g**

Vitamin A 70%      •      Vitamin C 25%

Calcium 10%      •      Iron 8%

\*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium	Less than	3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

## Case Pack Label

**dr. Praeger's**  
PURELY SENSIBLE FOODS

**Super Greens**

**Best if used by:**  
**FEB-24-2018**

**10 lbs (4.54kg)**

Made in a facility that uses wheat, soy, milk, eggs, and fish.

Dr. Praeger's Sensible Foods  
Elmwood Park, NJ 07407  
Made in USA  
EU# 3001237875

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