

Where you recognize all the ingredients



Sandwich Fish Fillets 4oz

Product # SFFIN

Manufacturer: Ungars Food Products
DBA Dr. Praeger's Sensible Foods

Date: 2/19/2018



Wild Caught Alaskan Pollock, Low Saturated Fat, No Trans Fat, No Preservatives, Panko Breadcrumbs

Ingredients:

Pollock Fillets (Wild), Breading (Unbleached Wheat Flour, Yellow Corn Flour, Corn Starch, Yeast, Sugar, Salt, Dextrose, Garlic Powder, Onion Powder, Spices), Expeller Pressed Canola Oil

Storage: Keep Frozen at 0°F/-18°C or below:
Designed to be cooked from frozen

Shelf Life: 24 Months, frozen from date of production

Preparation:

COOKING INSTRUCTIONS:
Must Be Cooked From Frozen.
For Food Safety and Quality, Heat to a Minimum Internal Temperature of 165° F.
Convection Oven: (Preferred Method) Preheat oven to 400 degrees F. Place frozen fish on paper lined baking tray. Cook for 15-18 minutes. For added crispness, cook slightly longer.
Oven: Preheat oven to 450 degrees F. Place frozen fish on paper lined baking tray. Cook for 20-25 minutes. For added crispness, cook slightly longer.

Packaging Specs:

UPC: 080868010014
Finished Prod. Dimensions: by
Case Pack: 40/4oz
Allowable Case Defect less than 5%
Case Net Wt: 10 lbs (4.54kg)
Gross Wt: 11 lbs
Case Dimensions: 12.94" x 8.55" x 5.2"
Case Cube (cu. ft.): .3344
Pallet Tie/HI: 16/11
GTIN: 00080868010014
Country of Origin: USA

Case Pack Label

Nutrition Facts	
Serving Size 4 oz (113g)	
Servings Per Case About 40	
Amount Per Serving	
Calories 200	Calories from fat 80
% Daily Value*	
Total Fat 9g	13%
Saturated Fat 1g	5%
<i>Trans Fat</i> 0g	
Cholesterol 35mg	11%
Sodium 220mg	9%
Potassium 240mg	7%
Total Carbohydrate 15g	5%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 15g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 2%

*Percent Daily Values are based on a 2000, calorie diet. Your daily values may be higher or lower depending on your calorie needs;



Kosher Parve

Dr. Praeger's
PURELY SENSIBLE FOODS

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Best if used by:
FEB-24-2018

Contains: FISH, WHEAT

Made in a facility that uses Wheat, Soy, Eggs, and Fish. May contain small bones.

Dr. Praeger's Sensible Foods
Elmwood Park, NJ 07407
Made in USA
EU# 3001237876

10 lbs (4.54kg)

(01) 0 0080868 01001 4

Keep Frozen 0°F/-18°C

Lot # G15BD-04B