

Where you recognize all the ingredients



Gluten Free Fish Sticks 0.78oz

Product # **GLFFSIN**

Manufacturer: Ungars Food Products
DBA Dr. Praeger's Sensible Foods

Date: 2/19/2018



Gluten Free, Wild Caught Alaskan Pollock, Low Saturated Fat, No Trans Fat, No Preservatives

Ingredients:

Pollock Fillets (Wild), Rice Crust (Rice Flour, Whole Grain Amaranth Flour, Yellow Corn Meal, Corn Starch, Salt, Dextrose, Raisin Juice Concentrate, Honey, Expeller Pressed Canola Oil, Garlic Powder, Onion Powder, Yeast Extract, Spice), Expeller Pressed Canola Oil

Storage: Keep Frozen at 0°F/-18°C or below:
Designed to be cooked from frozen

Shelf Life: 24 Months, frozen from date of production

Preparation:

COOKING INSTRUCTIONS:
Must Be Cooked From Frozen.
For Food Safety and Quality, Heat to a Minimum Internal Temperature of 165° F.
Convection Oven: (Preferred Method) Preheat oven to 425 degrees F. Place frozen fish on paper lined baking tray. Cook for 6 minutes. For added crispness, cook slightly longer.
Oven: Preheat oven to 450 degrees F. Place frozen fish on paper lined baking tray. Cook for 14 minutes. For added crispness, cook slightly longer.

Packaging Specs:

UPC: 080868010625
Finished Prod. Dimensions: by
Case Pack: 205/.78 oz
Allowable Case Defect less than 5%
Case Net Wt: 10 lbs (4.54kg)
Gross Wt: 11 lbs
Case Dimensions: 13.05" x 8.7" x 6.75"
Case Cube (cu. ft.): .4436
Pallet Tie/HI: 13/8
GTIN: 00080868010625
Country of Origin: USA

Case Pack Label

Nutrition Facts	
Serving Size 3 Fish Sticks (66g)	
Pieces Per Container About 205	
Amount Per Serving	
Calories 120	Calories from fat 45
% Daily Value*	
Total Fat 5g	8%
Saturated Fat 0.5g	3%
<i>Trans Fat</i> 0g	
Cholesterol 25mg	8%
Sodium 250mg	11%
Potassium 125mg	4%
Total Carbohydrate 12g	4%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 7g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 2%

*Percent Daily Values are based on a 2000, calorie diet. Your daily values may be higher or lower depending on your calorie needs;

dr. Praeger's
PURELY SENSIBLE FOODS™

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Best if used by:
FEB-24-2018

10 lbs (4.54kg)

Keep Frozen 0°F/-18°C

UPC: (01) 0 0080868 01062 5

Lot # H15BI-03B

Dr. Praeger's Sensible Foods
Elmwood Park, NJ 07407
Made in USA
EU# 3001237875



Kosher Parve