

Where you recognize all the ingredients

# Edamame Shelled 3oz Portions



Product # FSSOYIN-3OZ

Manufacturer: Ungars Food Products  
DBA Dr. Praeger's Sensible Foods

Date: 4/26/2014



All Natural, GMO Free, Low Saturated Fat, No Cholesterol,  
Low Sodium, Good Source of Fiber, No Trans Fat, No  
Preservatives, Gluten Free

Ingredients:  
Shelled Soy Beans

Storage: Keep Frozen at 0°F/-18°C or below

Shelf Life: 24 Months, frozen from date of production

Preparation:

Thaw and Serve

THAWED SHELF LIFE: Best if used within 7 days

Packaging Specs:

UPC: 080868110612

Case Pack: 50/3oz  
Allowable Case Defect less than 5%  
Case Net Wt: 9.375 lbs (4.256kg)  
Gross Wt: 10.375  
Case Dimensions: 10.0" x 8.0" x 8.0"  
Case Cube (cu. ft.): .3704  
Pallet Tie/HI: 9/23  
GTIN: 10080868110612  
Country of Origin: China



Kosher  
Parve

| Nutrition Facts               |                      |
|-------------------------------|----------------------|
| Serving Size 3oz (85g)        |                      |
| Servings Per Package About 50 |                      |
| Amount Per Serving            |                      |
| <b>Calories</b> 110           | Calories from fat 35 |
| % Daily Value*                |                      |
| <b>Total Fat</b> 4g           | <b>6%</b>            |
| Saturated Fat 0.5g            | <b>3%</b>            |
| Trans Fat 0g                  |                      |
| <b>Cholesterol</b> 0mg        | <b>0%</b>            |
| <b>Sodium</b> 5mg             | <b>0%</b>            |
| Potassium 0g                  | <b>0%</b>            |
| <b>Total Carbohydrate</b> 9g  | <b>3%</b>            |
| Dietary Fiber 4g              | <b>16%</b>           |
| Sugars 1g                     |                      |
| <b>Protein</b> 10g            |                      |
| <b>Vitamin A</b> 2%           | <b>Vitamin C</b> 13% |
| <b>Calcium</b> 7%             | <b>Iron</b> 25%      |
| <b>Phosphorus</b> 0%          |                      |

\*Percent Daily Values are based on a 2000, calorie diet. Your daily values may be higher or lower depending on your calorie needs;

Case Pack Label

Dr. Praeger's sensible foods

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PREPARATION: Thaw and Serve

THAWED SHELF LIFE: Best if used within 7 days

Best if used by: **MAY-29-2016**

Ingredients: Shelled Soy Beans

9.375 lbs (4.256kg)

Keep Frozen 0°F/-18°C

Lot # YS14037

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