

Where you recognize all the ingredients



# CN Chickenless Nuggets

Product # CNSY75I-CN

Manufacturer: Dr. Praeger's

Sensible Foods

Date: 2/19/2018



## Low Saturated Fat, No Cholesterol, No Trans Fat, No Preservatives

**Ingredients:**

HYDRATED TEXTURED SOY PROTEIN (FILTERED WATER, ISOLATED SOY PROTEIN, CORNSTARCH), ONION, SOY FLOUR, WHEAT GLUTEN, NATURAL VEGETARIAN CHICKEN FLAVOR (YEAST EXTRACT, MALTODEXTRIN, SALT, CORNSTARCH, NATURAL FLAVORING, ONION POWDER, LACTIC ACID, SUGAR), RICE STARCH, EGG WHITE POWDER, GARLIC, WHEAT FIBER, SALT, WHITE PEPPER, BREADED WITH WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, contains 2% or less of the following: CORN STARCH, SALT, SUGAR, YEAST, ONION POWDER, GARLIC POWDER, SPICE, EXPELLER PRESSED CANOLA OIL

**Storage:** Keep Frozen at 0°F/-18°C or below:  
Designed to be cooked from frozen

**Shelf Life:** 24 Months, frozen from date of production

### Preparation:

**COOKING INSTRUCTIONS:**

Must Be Cooked From Frozen.

For Food Safety and Quality, Heat to a Minimum Internal Temperature of 165° F.

Oven: Preheat oven on broil. Place nuggets on ungreased baking tray. Broil for 15-18 minutes. For crisper nuggets, turn nuggets after 7-10 minutes.

### Packaging Specs:

UPC: 080868067124

Finished Prod. Dimensions: by

Case Pack: 213/.75 oz

Allowable Case Defect less than 5%

Case Net Wt: 10 lbs (4.54kg)

Gross Wt: 11

Case Dimensions: 12.94" x 8.55" x 5.2"

Case Cube (cu. ft.): .3344

Pallet Tie/HI: 16/11

GTIN: 00080868067124

Country of Origin: USA



Kosher Parve

## Nutrition Facts

Serving Size 4 pieces (85g)

Servings per Container About 53

Amount per Serving			
Calories	190	Calories from Fat	60
% Daily Value*			
Total Fat	6 g		10 %
Saturated Fat	0.5 g		3 %
Trans Fat	0 g		
Cholesterol	0 mg		0 %
Sodium	430 mg		18 %
Potassium	140 mg		4 %
Total Carbohydrate	20 g		7 %
Dietary Fiber	4 g		16 %
Sugars	3 g		
Protein	13 g		
Vitamin A	0 %	Vitamin C	0 %
Calcium	2 %	Iron	10 %

\* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Potassium	Less than	3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Fiber		25 g	30 g
Calories per gram			
Fat	9		
Carbohydrate	4		
Protein	4		

### Case Pack Label